Using Your Brain to Win



Part of the American Retirement Association

Holly G. Green CEO The Human Factor, Inc.



The world has changed... to remain successful,

we must change with it



Increasing disconnect between what we 'know' & what we do

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That's not the way we do it here

We tried that once before, that won't work



We don't have time for that

This is the way we've always done it

Management/they won't let us

Customers/clients won't go for that

How do we keep up...

Slow down to go fast... get others in the same race...

update constantly... get it right the first time

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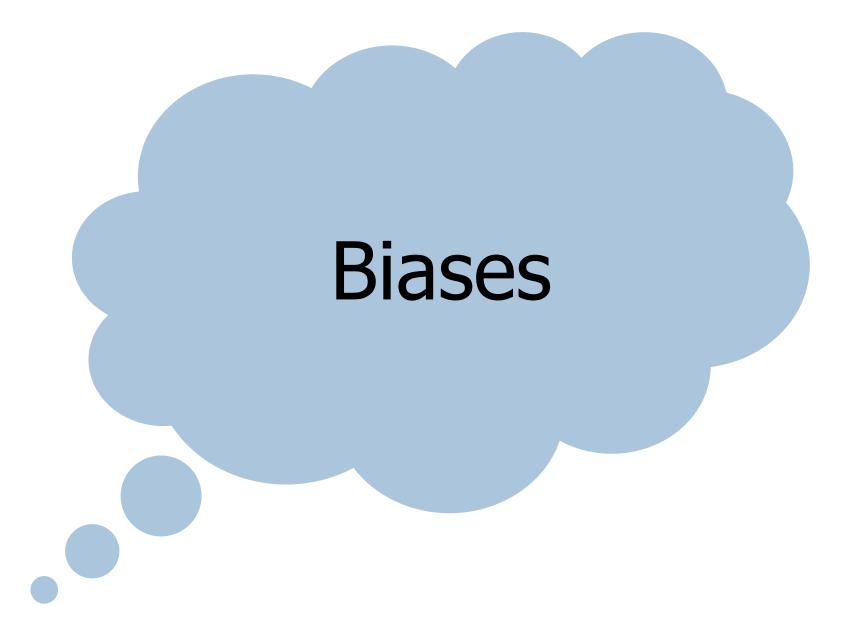




How does our brain know what to see or process?

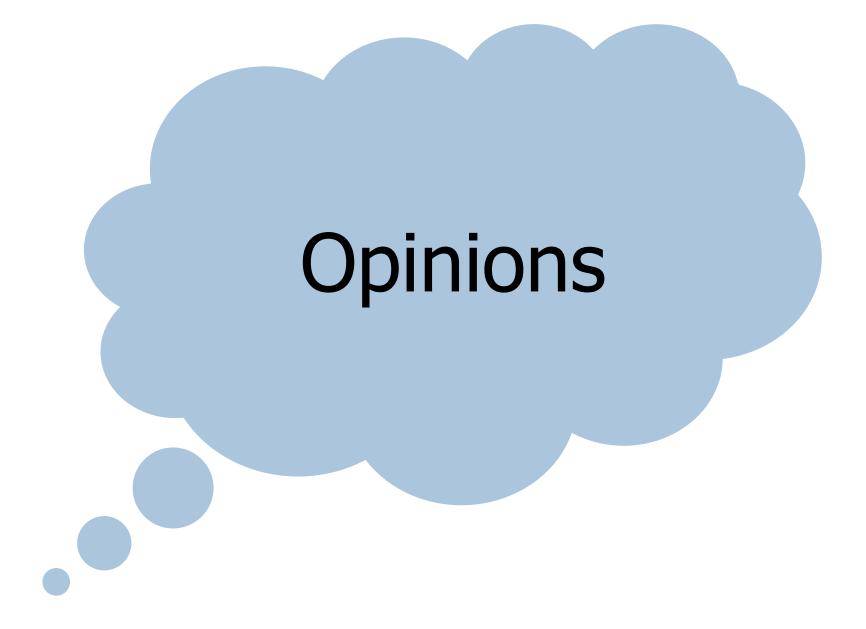


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Stereotypes

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Not what I was taught...in school...by my parents

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Not how we do it here...in our industry

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Regulators won't let us

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We tried that once before... That won't work

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Bubbles

The deeply held beliefs & assumptions we have about **every** aspect of ourselves, others, our organizations, & our lives

- They guide how we think & act
- They determine how & what we perceive
- They tend to be self-reinforcing
- They are always incomplete
- They can limit our ability to achieve results
- They require updating to remain current



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We don't believe what we see... We see what we already believe...

...and we seek constantly to prove ourselves right

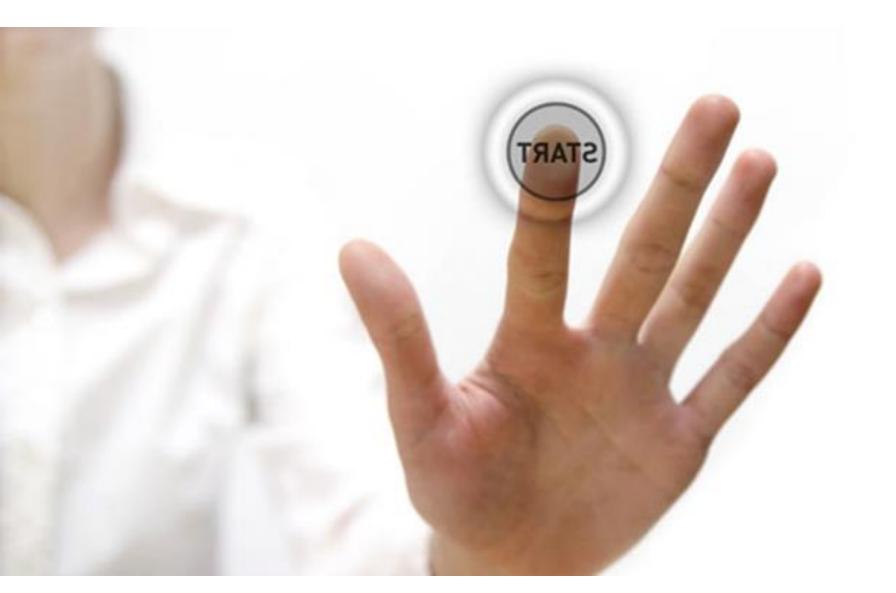


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You are better at proving yourself right than anything else you do

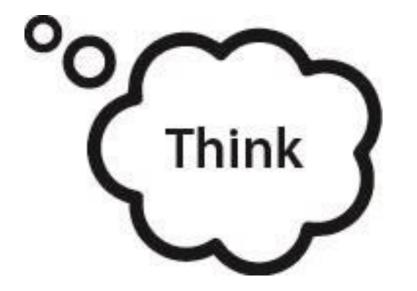


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Unlearn by recognizing & bursting bubbles periodically





about what **you're thinking about** be aware of what **triggers** you have consider what your **behavior** indicates

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Focus on where you want to go



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Clarify the destination "We're going on vacation!"



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Clarify the destination

Define where you're going with specificity



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Once you're clear

Press the "prove yourself right" button in yourself & others

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questions to prompt your brain & shift its focus to how, when, what & who **DID** it



Which one **doesn't** belong?

1991	1919
9191	1993

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Every now & then...when

- you're sure...
- that's the way you've always done it
- the decision is made on auto pilot

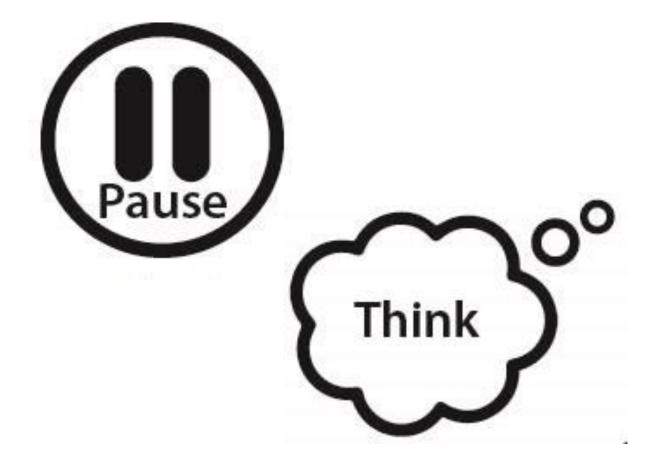


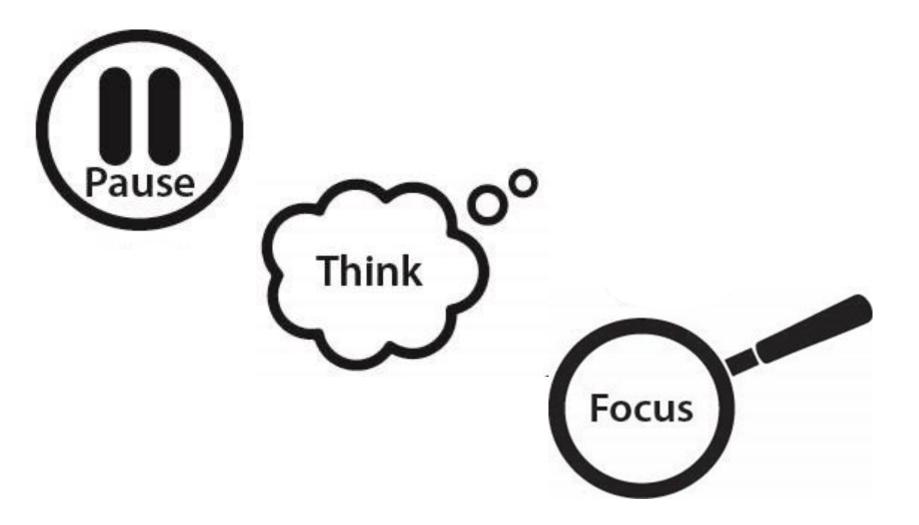
Ask yourself & your team

What's the second right answer?

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Practice thinking differently at least once a day

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Visit <u>http://thehumanfactor.biz/asppa-penchecks-using-your-brain/</u> to download additional tools & tips & sign up for a **complimentary 12 week follow up series**

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